Forest of the Man Generation

Forest of the Man (feat. Lava Lava, Silas Mera & Scott Mandelker)

Lyrics & Teaching: Scott Mandelker PhD

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Hook

I am generational
I can generate through my will
I am generational
I can generate through my thoughts
I am generational
I can generate through my soul
I am generational
I can generate my whole life
I'm generational
I can generate a child's mind
I'm generational
I can generate throughout all time

Spoken Word – Scott Mandelker

You will find this threefold or three-principled teaching to be the basis of every single religious or metaphysical tradition that teaches a spiritual path.

Know yourself, accept yourself, become the creator.

Know yourself is very much the activation of wisdom, blue ray, with all seven chakras. Accept yourself in the activation coordination of fourth ray, green ray, love, with all seven rays too. So to know yourself, accept yourself... means activate blue ray, activate green ray, bring love, wisdom, unconditional acceptance and discernment, honesty, commitment to truth, loving truth and loving love.

Loving love and loving truth, bring that to the total self. Bring that to all aspects of yourself.

Hook

I'm generational, I can generate throughout all time
I'm generational, I can generate a child's mind
I'm generational, I can generate my whole life
I'm generational, I can generate through my soul

Spoken Word – Scott Mandelker

Body, body process, emotional process, when emotional charge comes up, mental process, intellectual, what I think and deeper beliefs.

What are my deep beliefs that generate my conscious thought or reactions or my emotional charge?

The emotional charge and how I'm thinking now is ultimately the product of deep core beliefs. And deep core beliefs, by many ways, rest upon deep self-image, or self-view, or view of self.

Do I think I'm good? Do I think I'm bad? Do I think I'm this? Do I think I'm that? Do I think I'm body?

Or body-mind? Or godhead? Is it inflated? Is it realistic? Is it body-mind-spirit? Is it material only?

Am I this intellect?

Am I this knowledge?

What am I? (repeated)